



Troy Helling

PARTNER-IN-CHARGE, DALLAS

Hawkins Parnell & Young

Contact Information

214.780.5139

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Bar Admissions

- Texas

Troy Helling represents small local businesses to large global corporations in high-risk litigation throughout the United States. He has extensive experience litigating commercial disputes, employment matters, breach of contract, non-compete provisions, fraud, and deceptive trade practice claims. Troy participates in all stages of litigation from the inception of a case through trial and appeal. He has obtained favorable results for his clients across Texas and throughout the country.

PROFESSIONAL EXPERTISE

- Advising and counseling on day-to-day legal issues, including employment matters, legislative updates, litigation management, and contracts.
- Conducting investigations, interviewing employees, deposing plaintiffs, preparing corporate witnesses for deposition, obtaining temporary injunctions, successfully arguing motions for summary judgment, and mediations.
- Successfully litigated cases involving allegations of defamation, wrongful termination, and discrimination based on age, race, and gender.
- Drafting and enforcing employment agreements, including non-compete and non-disclosure agreements.
- Advising in drafting employment policies to protect against claims of wrongful termination and discrimination.
- Defending clients in cases involving construction defects, fraud, breach of contract, and the Texas Deceptive Trade Practices Consumer Protection Act.
- Drafting, reviewing, and negotiating various agreements including lease agreements, asset purchase agreements and consulting agreements.
- Successfully represented clients in numerous product liability and toxic tort cases in Texas and nationally.

SERVICES

- Commercial
- Product Liability
- Toxic Tort & Environmental
- Premises Liability
- Labor & Employment

EDUCATION

- University of Tulsa College of Law (J.D., 1998)
- Texas Christian University (B.A., 1992)

PROFESSIONAL AFFILIATIONS

- Dallas Bar Association
- State Bar of Texas

CHARITABLE & CIVIC INVOLVEMENT

- Program Chairman, North Dallas Chamber Board
- Committee Member, Richardson Area Young Life